

**ARE YOU AGED 40-74?
HAVE YOU HAD YOUR
FREE NHS HEALTH CHECK?**

Everyone Health will be delivering them here at:

**ST. ANDREW'S
CENTRE, HISTON**

To make an appointment or find out more about this important health check contact:

0333 005 0093

FREE NHS HEALTH CHECK CRITERIA

- ♥ Aged between 40 and 74.
- ♥ Resident of Cambridgeshire or is registered with a GP surgery in Cambridgeshire.
- ♥ Not diagnosed with Hypertension (high blood pressure)
- ♥ Not diagnosed with Diabetes.
- ♥ Not taking statins.
- ♥ Not diagnosed with any sort of heart problem (angina, heart attack, heart failure, etc.).
- ♥ Not diagnosed with Coronary heart disease or any other heart condition.
- ♥ Not diagnosed with kidney disease.
- ♥ Not diagnosed with Atrial Fibrillation or Peripheral Arterial Disease.
- ♥ Not had an NHS Health Check in the last 5 years at GP practice – if unsure please check with GP practice before making an appointment with the Outreach Clinic'